

Optimal Potentials

Demystifying Coaching as a Leader

What is this thing called coaching?

What is its value?

What is a coaching mindset?

How does the coaching relationship differ from that of the traditional hierarchical peer-subordinate relationship?



If any of these or similar questions have crossed your mind, this interactive workshop will demystify this highly valuable leadership talent. You will gain a better understanding of your coach-like leadership abilities, discover new ways to maximize your own potential, and learn how to inspire and grow the leader in others. You will leave with a personal action plan and tools for integrating your learning from this workshop.

Who Will Benefit

This workshop will benefit anyone who wishes to sharpen their personal awareness and take their leadership to the next level by incorporating coach like behaviours in their interactions.

From this workshop, you can expect to:

- Gain an understanding of the core elements of coaching
- Discover the value of exploring perspectives and making conscious choices
- Understand how to leverage the art of listening, intuition, and reflection
- Experience the power of acknowledgement
- Learn how to use powerful coaching skills to enhance relationships and develop others

Workshops may be customized to meet specific needs. For more information or to schedule a workshop, please contact Dianne and Len at leadership@optimalpotentials.com

Details regarding additional workshops and services may be found at www.optimalpotentials.com

